



GlaxoSmithKline

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TUMS[®] FACT SHEET

TUMS has dual benefits – as both an Antacid and a Calcium Supplement

About TUMS[®]

For nearly 75 years, TUMS[®] has been an effective treatment for heartburn and acid indigestion neutralizing stomach acid on contact. Nothing works faster.

TUMS for Calcium Supplementation

TUMS is an excellent source of calcium. TUMS contains calcium carbonate, which is unsurpassed in absorption and is the most widely used form of calcium. TUMS has been clinically proven in many clinical studies and is the brand most recommended by OBGYNs for their pregnant patients for relief of heartburn as well as for extra calcium.

TUMS Strengths and Calcium Content

	Calcium Carbonate (per tablet)	Elemental Calcium (per tablet)
Ultra (Maximum Strength)	1,000 mg	400mg
EX (Extra Strength)	750mg	300mg
Smooth Dissolve EX	750 mg	300 mg
Sugar Free EX	750 mg	300 mg
Regular Strength	500 mg	200 mg

TUMS Variants

TUMS EX
TUMS Ultra
TUMS EX Sugar-Free
TUMS Smooth Dissolve™

TUMS Flavors and Calories/Carbohydrates Content

	Calories (per tablet)	Carbohydrates (per tablet)	Available Flavors
TUMS Regular Antacid Tablets	2.5 kcal	0.7 grams	Assorted Fruit and Peppermint
TUMS EX Tablets (Extra Strength)	5 kcal	1.1 grams	Assorted Fruit, Tropical Assorted Fruit, Wintergreen, Assorted Berries
Sugar-Free TUMS EX	2.5 kcal	0 grams	Orange Cream
TUMS Ultra	5 kcal	1.5 grams	Assorted Mint, Assorted Fruit, Tropical Assorted Fruit, Assorted Berries
TUMS EX Smooth Dissolve	5 kcal	0.5 grams	Assorted Fruit, Peppermint, Tropical Smoothies

Average Retail Price

	Variants	Count
\$2.97	TUMS EX Assorted, Tropical, Berries	48 count
	TUMS Ultra Assorted Fruit	36 count
\$4.80	TUMS EX Assorted, Tropical, Wintergreen, Berries	96 count
	TUMS EX Sugar Free	80 count
	TUMS Ultra Assorted Fruit, Peppermint	72 count
\$8.79	TUMS EX Tropical, Assorted Berries	200 count
	TUMS Ultra Assorted Fruit, Tropical, Berries, Spearmint, Peppermint	160 count

Corporate Headquarters

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About GlaxoSmithKline Consumer Healthcare

GlaxoSmithKline Consumer Healthcare is one of the world’s largest over-the-counter healthcare products companies and ranks second globally in sales of oral care products. Its more than 30 well-known products include such medicine cabinet staples as Aquafresh® toothpastes and toothbrushes, Nicorette®, NicoDerm® CQ, Os-Cal®, Sensodyne® and TUMS®.

About GlaxoSmithKline

GlaxoSmithKline — one of the world’s leading research-based pharmaceutical and healthcare companies — is committed to improving the quality of human life by enabling people to do more, feel better and live longer.

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